



discover^{ed}



Erasmus+



TRAINEE SHIP

Grants:
600-700 €/month

WHY?

Erasmus+ supports traineeships (work placements, internships, etc.) abroad. During your traineeship, you have the chance to practice your professional skills in a real-world-like setting and experience soft skills (communication, language and inter-cultural skills, etc.) that are a key factor to employability as well as become more entrepreneurial.

You also have the opportunity to get hands on digital experience in cross-border fields demanded by the market. Already today 90 % of jobs require basic knowledge of digital skills and, with the fast development of new technologies, more and more digital experts are needed.

Read more information on **digital traineeships** at: <http://bit.ly/DigitalOpportunities>

WHO?

All KTU **students** (Bachelor, Master and Doctoral level).

Recent graduates (apply before your graduation at KTU).

HOW LONG?

2-12 months.

You may repeat your traineeships many times (up to 12 months/ each study cycle).



WHEN?

You can go for a traineeship:

right after the first academic year (summer/voluntary traineeship),

during your last semester (mandatory traineeship),

within 12 months after your graduation (recent graduate's traineeship).

WHERE TO GO?

Any public or private organizations located in one of the Erasmus+ programme countries:

Austria, Belgium, Bulgaria, Croatia, Czech Republic, Cyprus, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Italy, Ireland, Liechtenstein, Latvia, Luxembourg, Former Yugoslav Republic of Macedonia, Malta, Netherlands, Norway, Poland, Portugal, Romania, Serbia, Slovakia, Slovenia, Spain, Sweden, United Kingdom, Turkey.



WHERE NOT TO GO?

To **EU institutions, bodies and agencies.**

All are listed at:

https://europa.eu/european-union/about-eu/institutions-bodies_en

HOW TO START?

Your aim is to find a traineeship place. For that you need to contact respective company (-ies) and ask about your acceptance, so...

Prepare your CV (follow Europass CV guidelines) and Motivation letter (check it twice!).

Send your CV and Motivation letter to respective company (-ies).

Sometimes you need to send many inquiries, sometimes not. Be calm, persistent and patient!

No answer? Review your CV and a motivation letter.

Need some help? Consult KTU Career and Education Centre (Studentų g. 67).



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WHERE TO FIND A TRAINEESHIP PLACE?

- 1** Check traineeship offers at **KTU Office 365**
Exchange → Erasmus+ traineeship places
- 2** Ask your teachers, friends, family, consult internet, KTU Career and Education Centre, international internship/practice/traineeship programmes (e.g. AIESEC), etc.
- 3** KTU is a part of the consortium **Partners4Value** to help students and graduates to find quality traineeship places.
Visit partners4value.it/en/
- 4** Contact department (-s) at the foreign university (-ies) working in the research/study field of your interest

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5 Check other traineeship offers at:

erasmusintern.org

europe-internship.com

praxisnetwork.eu

europlacement.com

graduateland.com

workinstartups.com/job-board/jobs/interns

ies-consulting.eu/internship-place

europelanguagejobs.com/jobs

trainingexperience.org

globalplacement.com

gooverseas.com

iagora.com

startus.cc

targetjobs.co.uk

oneworld365.org/internships/

abroad-internships.com

studandglobe.com

helpgoabroad.com

uncareer.net

traineesearch.com

tuinternship.com

fusionforenergy.europa.eu/careers/traineeships.aspx

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EVEN MORE TRAINEESHIP OFFERS...

... IN AUSTRIA

karriere.at

studentjob.at

stepstone.at

... IN BELGIUM

student.be/en/internship

[brusselsjobs.com/jobs/
internship](http://brusselsjobs.com/jobs/internship)

... IN ESTONIA

practican.com

... IN FINLAND

[fi.linkedin.com/jobs/
summer-intern-jobs](http://fi.linkedin.com/jobs/summer-intern-jobs)

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... IN FRANCE

capcampus.com

aidostage.com/offre-stage

letudiant.com

... IN GERMANY

karriere.unicum.de/praktikum

studentJob.de

studentenjobs24.de

praktikum.info

berufsstart.stepstone.de

absolventa.de/praktikum

berufsstart.de

akademiker-online.de

praktikumsanzeigen.info

jobboerse.arbeitsagentur.de

praktika.de

... IN ICELAND

matis.is/interns

solheimar.is/en

... IN IRELAND

xperience.ie

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... IN ITALY

internships-italy.com/en

4stars.it

monster.it

en.uniss.it/internationalisation/promotional-projects/erasmus-traineeship-sardinia

... IN LIECHTENSTEIN

careerjet.li/internship-jobs.html

... IN LATVIA

practican.com

... IN MALTA

careerjet.com.mt

maltajobs.com.mt

... IN THE NETHERLANDS

stageplaza.nl

togetherabroad.nl/internships.html

... IN NORWAY

trainee.no/information-in-english

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... IN PORTUGAL

placementinportugal.com

... IN SLOVAKIA

placementslovakia.com

... IN SLOVENIA

studentski-servis.com

... IN SPAIN

spain-internship.com

traineeup.com/en

ccmu.trabajando.es

primerempleo.com

infojobs.net

infoempleo.com

animafestexperience.com

... IN SWEDEN

studyinsweden.se/life-in-sweden/internships

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... IN THE UK

graduatetalentpoolsearch.

direct.gov.uk

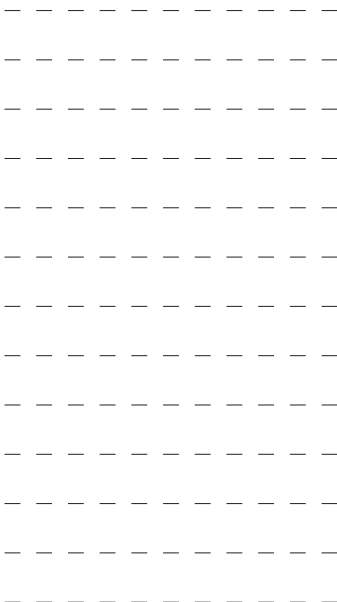
studentjob.co.uk

internship-uk.com

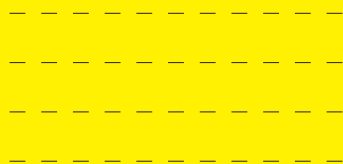
placement-uk.com

ratemyplacement.co.uk

intergrad.co.uk



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**Received a
positive reply
from respective
company (ies)?**



Follow the guidelines at ktu.edu/Erasmus and...

**Submit your application documents by
1 September / December / March / June!**

Selection criteria:

- **Study results**
- **Motivation**
- **Compatibility** between traineeship and study programme at KTU.
- +
- **Scientific publications**
- Participation in **scientific conferences** (verbal or bench report)
- Participation in **research project** activities.

**START YOUR
APPLICATION**



Being selected for the traineeship you will receive Erasmus+ trainee status. In addition, you may receive a **grant of 600–700 €/month** (it depends on a traineeship country).

Erasmus+ programme also allows you to receive grant and allowance or any kind of remuneration, including contributions in kind (e.g. meals, accommodation, etc.) from a traineeship organization.

Complete your exam session successfully! And...

... Prepare documents:

Faculty	<ul style="list-style-type: none">■ Request to Leave
International Relations Department	<ul style="list-style-type: none">■ online Learning Agreement ("Before Mobility")■ 3 types of insurances (medical, accident and civil liability)■ Financial Agreement...

... Test your language skills online

It is mandatory to complete testing via free Online Language Support System (OLS) before you leave and after you finish your traineeship. In addition, you may be granted with a free online language course to help you to start learning a new language of your traineeship country or develop current language level!

... Search for housing

... Plan your trip to traineeship place

DURING TRAINEESHIP



A short exchange period abroad is a perfect way to experience more than you can ever imagine! You'll gain more professional knowledge and learn a lot about the culture but also about yourself.

AFTER TRAINEESHIP

... Present documents:

Faculty	■ Request to continue your studies
International Relations Department	■ online Learning Agreement ("After Mobility") ■ Confirmation

... complete second language test online

... complete online request about your traineeship

NEED MORE INFORMATION OR HELP?

Consult your international coordinator at the faculty:

Gintarė Žičevičiūtė	Faculty of Chemical Technology	international.ctf@ktu.lt
Ieva Likadzijauskė	School of Economics and Business	international.evf@ktu.lt
Miglė Svygrienė	Faculty of Electrical and Electronics Engineering	international.eef@ktu.lt
Miglė Drūlytė	Faculty of Mathematics and Natural Sciences	international.mgmf@ktu.lt
Gintarė Lukoševičiūtė	Faculty of Informatics	international.if@ktu.lt
Angelica Peccini	Faculty of Mechanical Engineering and Design	international.midf@ktu.lt
Audronė Daubarienė	Faculty of Social Sciences, Arts and Humanities	international.shmmf@ktu.lt
Agnė Karabanovaitė	Faculty of Civil Engineering and Architecture	international.saf@ktu.lt
Brigita Stanikūnienė	Panevėžys Faculty of Technologies and Business	international.ptvf@ktu.lt

STILL HAVE SOME QUESTIONS?

Consult **Rūta Jankauskienė**

International Relations Department, Academic Exchange Office

INFOCentre, Studentų st. 50, Kaunas

E-mail: erasmus@ktu.lt

More information: ktu.edu/en/Erasmus

The Experience Map

More practical information and experiences about universities and cities are available at www.experience-map.org

Erasmus+ Mobile App:

Google Play Store: <http://bit.ly/2slVhz4>

iTunes App Store: <http://bit.ly/2slLLfd>

FB Outgoing Erasmus+ Students

Get started today!

