## HOW TO FIND A GOOD TRAINEESHIP PLACE ABROAD (TRICKS AND BEST PRACTICES)

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Estonia



Finland



The Netherlands

#### What went wrong?

■ Sent an empty/plain email requesting an internship opportunity.



- Sent an email with requesting an internship opportunity with CV, motivation Not enough letter, cover letter.
- Mention you are looking for Voluntary internship, Unpaid internship, Erasmus traineeship.
  Email subject or First line in the cover letter



Don't forget to apply in startups and university research projects.

#### You got selected! Now what?

- Work hard and efficient.
- Be punctual, polite and efficient.
- Make sure your contribution is recognized.
- Socialize.
- Try out their culture.
- Try blending in.





### You finished your traineeship. So?

- Create a network for yourself.
- Connect through social platforms- LinkedIn (highly recommended).
- Once in a while keep in touch with your previous supervisor, share your recent results, your works or even your graduation pictures.

Keep your professional networks alive



# Have fun!!!