

ERASMUS+

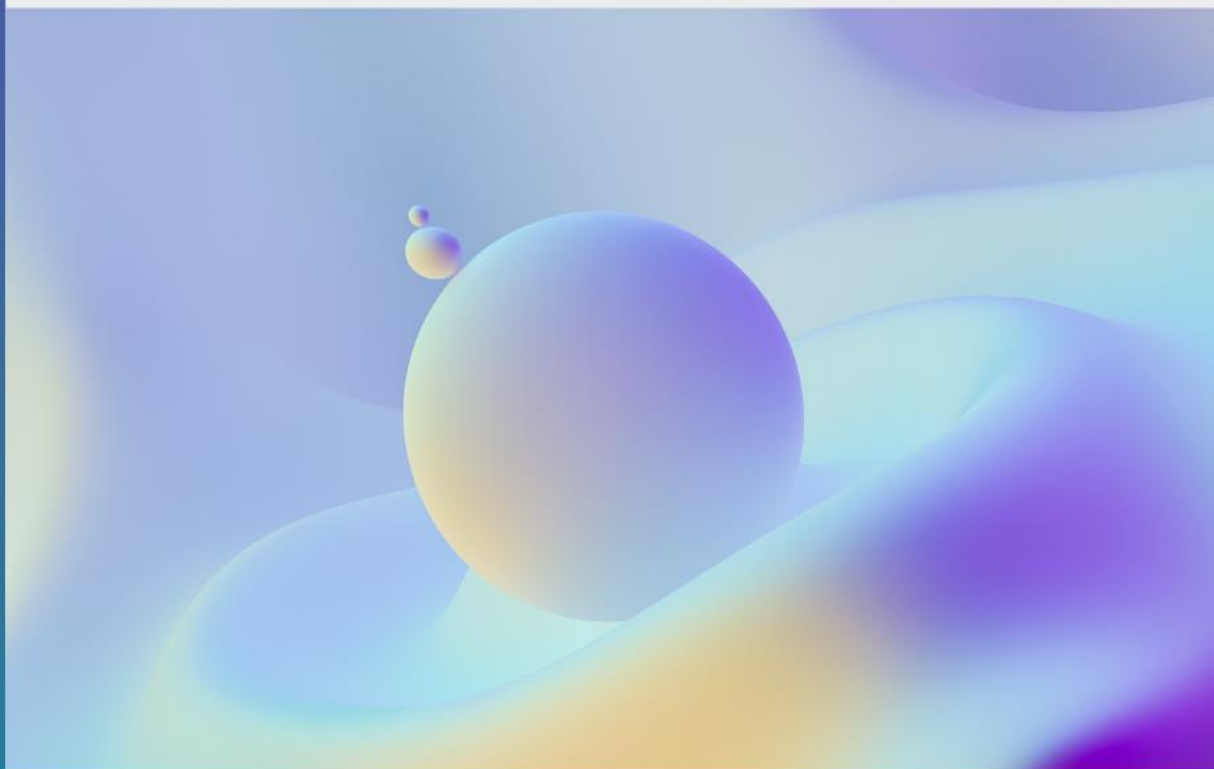


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Erasmus+

A-Z TRAINEESHIP WEBINARS



7-20 April 2022

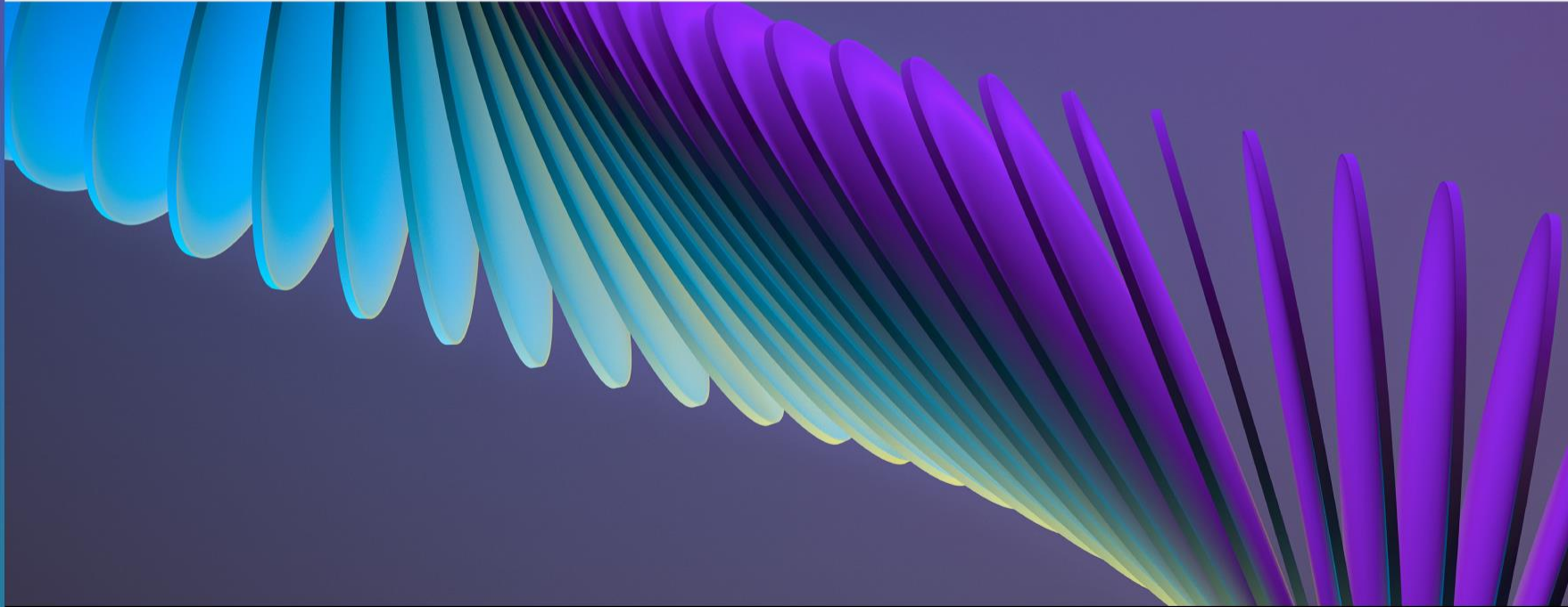


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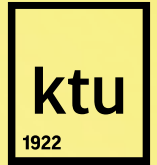
ADAPTING FOR A MULTICULTURAL WORK ENVIRONMENT



20 April 2022

5 – 6 p.m.

Erasmus+ is...



Studies + Traineeship = 12 months/study cycle

Physical/ Blended (min. 2 months)

- **Mandatory**
- **Voluntary** (only when you do not have lectures at KTU, e.g., during summer/ thesis semester)
- **Recent graduate** (within 12 months after graduation from KTU)

Students have to find a traineeship place by themselves!

4 Selections:

- December
- March
- June
- September

SUMMER TRAINEESHIP WITH ERASMUS+



Apply before June 1st

en.ktu.edu/erasmus



KTU EXCHANGE COUNSELLOR

Being *KTU Exchange Counsellor* is all about telling other students what your exchange was like.
Join our exchange community!



Ilkin

Informatics

ive 2 hours ago



Gabrielé

International Business



Govardhan

Vehicle Engineering

Alumni



Marius

Transport Electronics



Havva Buse

Architecture



Azad

Aviation Engineering

Cultural Differences at Work



- **Communication:**

HOW and WHEN information is provided?

Accurate and promptly MANNER?

Direct or indirect ways?

- **Way of work** (individualistic/ teamwork culture?)
- **Time awareness** (balance between work and family life? Fixed or flexible deadlines?)
- **Beliefs** (religious events? Holidays affect schedules and calendars)
- **Worldview** (active or passive attitude?)
- **Formality** (dress code, greetings, body language, respect?)
- **Hierarchy** (horizontal or vertical? Leadership style?)

Why Do Employers Love Your International Experience?



A study, done by NACE, found that 97% of graduates with international experience found a job within 12 months of graduation, compared to only 49% of the general graduate population.

Why?

- Broad, global experience
- Cultural awareness
- Courage
- Problem solving skills
- Advanced social skills
- Initiative



How to Deal with a Toxic Supervisor



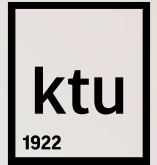
- **Do not let the toxic behaviour last**
- **Talk and explain**
- **Follow your tasks**
- **Be polite, honest, and clear**
- **Don't gossip**
- **Keep detailed records**
- **Inform you university supervisor about the problems**
- **Make the decision to stay or go**
- **Develop some coping mechanisms (keep a safe emotional distance)**
- **Remember why have you chose to go on traineeship**
- **Remember, the traineeship will not last forever**

How to Be a Successful Trainee Abroad?



- **Learn about the culture of the country**
- **Be open-minded, flexible, take initiatives**
- **Go beyond stereotypes** (don't be arrogant about any culture)
- **Consider that culture is relative** (use your observation and listening skills)
- **Ask questions**
- **Be patient** (everybody makes mistakes)
- **Make a budget**
- **Manage time wisely**
- **Expand your network**
- **Ask for feedback from your supervisor and co-workers**

Intercultural Learning Course*



- Only for Exchange Programme Participants
- Only one group per semester (spring/autumn)
- Only in English
- Only mixed groups from different faculties/different study cycles
- **Not evaluated by the mark** („completed " (IT) or „not completed " (NT))

*Module codes: DS00B107 (for Bachelor students) / DS00M109 (for Master students)

I. Preparation (Pre-departure. Face-to-Face Training): introduction to academic exchange, first intercultural learning session in a mixed group of outgoing exchange students and trainees.

II. Support (online activities in Moodle): during your stay abroad, online lectures on intercultural topics in combination with exercises that allow for interaction and self-assessment.

III. Online stories: reporting on your experiences gained abroad and exchanging practical information.

IV. Reflection (Re-entry. Face-to-Face Training): evaluation of and reflection on your intercultural experiences, integration of acquired intercultural skills into your CV, internet profile, job interviews.

Benefits for YOU?



- Acquiring **soft skills**;
- **Challenging assumptions** about your own and other / host cultures.
- **Broadening perspectives** on cultural stereotypes and prejudice;
- **Understanding** culture shock and reverse culture shock;
- **Acquiring** narrative competence;
- **Raising awareness** of international and intercultural competence and **ability** to present it effectively for **your career** (CV& Job Interview)
- **Credit recognition** (3 extra credits for free)
- **Certificate** of Participation and Completion

What did students say?

... Very much interactive and exciting to share my views and ideas. Felt Encouraging to bring out my ideas and skills!

I really enjoyed the discussion on topics like 'cultural shocks' and how to handle the situations and really enjoyed the exercises during Pre-departure training.

I did like that the module had a lot of activities and interactions with the theory. Many of the activities helped to reflect the exchange period which is extremely useful for self-development and future plans. I am glad that I will be able to adapt some tasks for my career, for instance the CV improvement...

I learned a lot and developed my personal skills which includes my resilience and even cooking skills 😊

I did like sharing interesting things I found during my exchange...

AWSOME COURSE!

really appreciated some of the given material (especially self-competences) and listening other participants sharing their experiences.

I liked the way you carried the programme, it was so friendly and informative!

My inert skills and talents were exposed through this programme and the fear of expressing my ideas was removed

I am improved to make a better CV for my career like what to include on our curriculum and how to include. From the competence sheet I can improve *myself* on knowledge about culture, history and politics.

The method you are following so productive and perfect, I think it is more than enough for students who go for exchange.

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| Need more help? |
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